

2015 ACTIVATION

THESE ACTIVATORS SIT UNDER THE RECREATION VISION FOR THE TERRITORY, AND ARE CURRENT KEY PROJECTS. THESE WILL BE REGULARLY REVIEWED AND UPDATED TO ENSURE THEY REMAIN CURRENT AND RELEVANT TO THE NEEDS OF THE COMMUNITY.

INDUSTRY CONSULTATION

We will be talking to industry and community groups in coming months to find out how government can better support the delivery of active recreation.

NATURE PLAY CBR

We will shortly launch Nature Play in the ACT. Nature Play is an initiative developed to assist families, schools and community organisations increase the time children spend in unstructured play outdoors and in nature. Under Nature Play we will develop a suite of programs that will meet the needs of the ACT community, while connecting the community to available opportunities.

MOUNTAIN BIKE DISCUSSION PAPER

With the increasing popularity of mountain biking within the ACT community, we are committed to expanding the extent and range of sustainable mountain bike opportunities available to the Canberra community. As a first step in this we are preparing the ACT Mountain Bike Strategy. The community is invited to participate in this process.

ADVENTURE ACTIVITY STANDARDS

We are working in partnership with other agencies nationally to ensure participation in outdoor adventure activities is done in a safe and consistent way through the development of Australian Adventure Activity Standards.

NATIONAL ACTIVE RECREATION WORKING GROUP

We are part of a national working group to develop a strategy and work plan to support the resolution of national active recreation issues with the aim of increasing participation and building the capacity of the active recreation sectors.

FIND FITNESS OUTDOORS

The Find Fitness Outdoors campaign challenges Canberrans to get outdoors and exercise at one of the many free outdoor fitness locations across Canberra. The website, tams.act.gov.au/outdoorfitness, provides a map of fitness locations along with videos demonstrating how to correctly use the equipment. Part of the campaign includes free outdoor fitness sessions with qualified instructors.

ACTIVE STREETS PROGRAM

Part of the ACT Government's Healthy Weight Initiative, the Active Streets project is designed to increase the levels of physical activity of children and young people, looking into how infrastructure, behaviour and technology can encourage more students to walk, ride or scoot to school. With the aim to increase walking, cycling and use of public transport among school students in the ACT, it has the potential to increase the proportion of children and young people participating in at least 60 minutes of moderate physical activity each day. Still in its pilot phase, the campaign will be monitored over a 12 month period to assess effectiveness for expansion to other schools.

